

第20回



# Mt.富士ヒルクライム

Saturday, June 1, 2024

Accepted Sunday, June 2, 2024

Venue: Fuji-Hokuroku Park (Fujiyoshida City, Yamanashi Prefecture) - Fuji Subaru Line - Mt. Fuji's fifth station

## Participation Guide

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### Whether or not the event will be held

The final decision on whether or not the tournament will be held will be announced on the tournament website at 4:00 AM on the day of the tournament.

©The 20th Mt. Fuji Hill Climb Website  
<https://www.fujihc.jp>



### Inquiries on the day before or the day of the event

+81 70 1051 1524  
 (Japanese language only)

⚠ This phone line will only be open from 7:00 to 18:00 on Saturday, June 1 and from 4:00 to 16:00 on Sunday, June 2

- 主 催 Mt.富士ヒルクライム大会実行委員会  
 (構成団体 山梨県自転車競技連盟、山梨県サイクリング協会、富士吉田市陸上競技協会、山梨日日新聞社 山梨放送、一般財団法人アールビーズスポーツ財団)
- 後 援 環境省、山梨県、山梨県教育委員会、富士吉田市、富士河口湖町、鳴沢村、山中湖村、忍野村、道志村、富士山をきれいにする会、財団法人日本サイクリング協会、富士吉田市外二ヶ村恩賜県有財産保護組合、鳴沢・富士河口湖恩賜県有財産保護組合、富士五湖観光連盟、富士山五合目観光協会、富士山五合目国際観光協会、朝日新聞社、日刊スポーツ新聞社、UTY テレビ山梨、エフエム富士
- 協 力 山梨県道路公社、富士急グループ、富士観光開発株式会社、南都留郡陸上競技協会、都留市陸上競技協会、富士吉田スポーツ協会、富士ふれあいの村



## Saturday, June 1, 2024, the day before the convention

- 8:00 Parking lot opens (see page 4)
- 9:00 Cycle Expo begins
- 10:00 Registration and baggage storage for Mt. Fuji's fifth station begins (only if you chose to use baggage storage for Mt. Fuji's fifth station when you entered)
- 18:00 Registration, baggage storage for Mt. Fuji's fifth station and end of Cycle Expo

## Day of General Assembly June 2, 2024 (Day)

- 4:00 Parking lots open (each designated parking lot)
- 6:00 1st and 2nd start, start lining up

- 6:15 Start Ceremony
- 6:30 1st start (men's class selected by organizers)
- 6:32 2nd start (women's class selected by organizers)

The organizers will assign the descending groups in the order of line-up at the descending waiting area after the finish.

- 6:40 - 7:10 3rd start
- 7:10 - 7:40 4th start
- 7:40 - 8:10 5th Start
- 8:10 - 8:40 6th Start
- 8:40 - 9:10 7th Start

Starts 3 through 7 will be wave starts to eliminate congestion within each start. Please see P4 for details on the start.

### Schedule for descent

	8:30	Group 1
	8:45	Group 2
	9:00	Group 3
	9:15	Group 4
10:45 Award Ceremony (tentative)	9:30	Group 5
	9:45	Group 6
11:00 First gate time limit (10.5km point)	10:00	Group 7
1 hour and 50 minutes after final start	10:15	Group 8
	10:30	Group 9
11:30 Second gate time limit (17.2km point)	10:45	Group 10
2 hours and 20 minutes after final start	11:00	Group 11
	11:15	Group 12
12:00 Finish line time limit (24km point)	11:30	Group 13
2 hours and 50 minutes after final start	11:45	Group 14
	12:00	Group 15
13:45 Traffic restrictions lifted	12:20	Group 16

- Awards will be presented on stage to the first 3 male and female finishers in the organizer-selected classes, the first 3 finishers in each age group, the top brite hope finishers (male and female), and the top mountain split finishers (male and female).
- Please follow the route down the mountain and return to the venue. 「Udon noodles from Yoshida」 will be served at the venue. Please hand the ticket attached to your number card to a staff member to enjoy the udon.
- You will receive a certificate of completion at the venue on the day of the race. The finisher's ring will be handed out in exchange for a measurement tag. Please be sure to bring your finisher's certificate with you to confirm your record.

# Day before the General Assembly 6/1 (Tu)

## Information



### Parking

#### Parking lots open

##### **Saturday, June 1, the day before the tournament 8:00~20:00**

On the day before the tournament, parking will be available only at Fujikyū Highland Parking Lot 3, Fujiyama Parking Lot, and Kaneyama Sports Center Ground. Both parking lots have a bus service that will take you to the registration area. Parking tickets are not required on the day before the convention. Please park in any available parking lot. (See page 6 for parking lots)

##### **General Assembly day**

6/2 (Sun.) 4:00~15:00

Each designated parking lot \*Parking ticket is required. In accordance with police instructions, we have designated parking lots in advance to alleviate parking congestion. Please follow the instructions of the staff and park in the designated parking lots. Parking is not allowed in any parking lot other than the designated ones. No one without a parking ticket will be allowed to park.

※Parking tickets for the day of the race will be handed out with your number card at the registration desk the day before the race. ◦

※Please be sure to confirm the location of your parking space by referring to the information in the second e-mail you receive and on the back of the parking ticket you received the day before the race.◦

### About bus transportation

On the day before the race (6/1) only, a shuttle bus will be available from Fujiyama Parking and Fujikyū Highland (service hours: 9:00-18:00).

※Please note that there will be no bus pick-up service on the day of the event (6/2).

### Athletes Registration 6/1 (Sat) 10:00~18:00

**Place:**Fuji Hokuroku Park Gymnasium \*Substitute registration is possible. Number card sets, participation prizes, etc. (Those who have purchased official T-shirts will receive them at the registration desk.)

#### How to register

- ① Click on the URL in the e-mail you received!
- ② Issue and save the entry form (QR code) on your smartphone (you can also print it out on paper).
- ③ Simply show the participation slip on your smartphone at the registration desk at the convention!

※The first information e-mail will be sent on May 20 (Mon.) and the second on May 30 (Thu.).

The mailing address is RUN PASSPORT WEB (send@runpassport.jp). For those coming by bicycle, bike racks are available in the main parking lot. Please take care of your valuables, etc. by yourself.

### Luggage storage for the Mt. Fuji's fifth station 6/1 (Sat) 10:00~18:00

※Only for those who have chosen to use the baggage storage service to the Mt. Fuji's fifth station at the time of entry.

#### Luggage storage for the Mt. Fuji's fifth station (only on Saturday, June 1, the day before the race)

will be available in the main parking lot only on June 1, the day before the race. After completing the athletes' registration at the Fuji Hokuroku Park Athletic Field, where the event will be held, please place the baggage deposit bag for the Mt. Fuji's fifth station in the designated basket, which will be handed out at the registration desk. Please put your number card stickers on the front and back of the baggage deposit bag provided at the registration desk.

※Only baggage deposit bags will be accepted. The size of the baggage deposit bag is 60 cm in length and 40 cm in width.

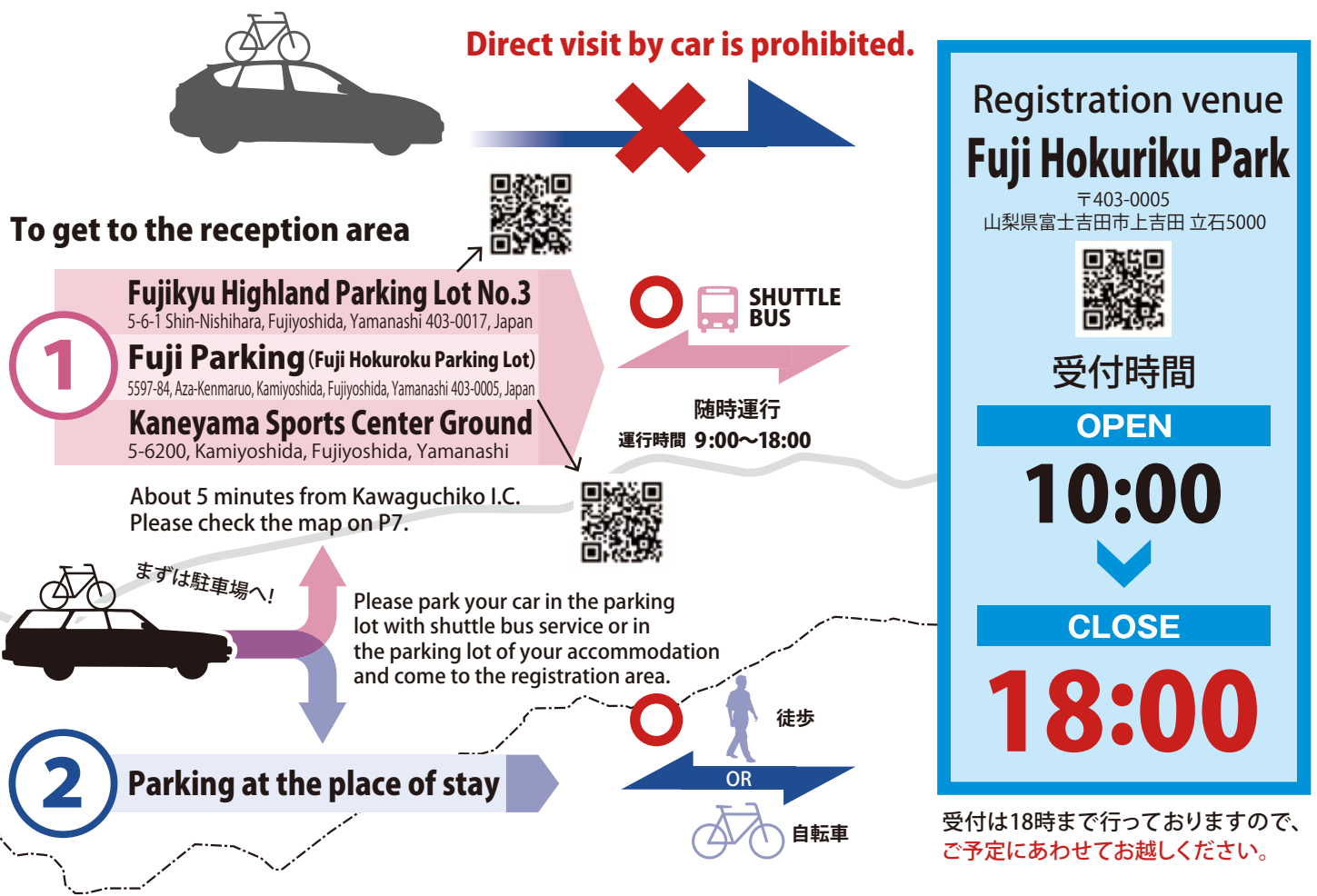
※Please note that luggage storage for the Mt. Fuji's fifth station will not be available on the day of the event.

※If you do not use the baggage storage service on the way to the Mt. Fuji's fifth station, please be sure to bring warm clothes for descending the mountain.

**There is no parking lot for athletes at Fuji Hokuroku Park on the day before registration (Saturday). Please note that you cannot come directly to the venue by car.**

Please read the directions below and come by bus, on foot, or by bicycle.

**The registration desk will be open until 18:00 the day before the event on June 1 (Sat.). Please follow the instructions below to park your car at the parking lots and then come to the registration area**



# CAUTION!

## Requests for bicycling

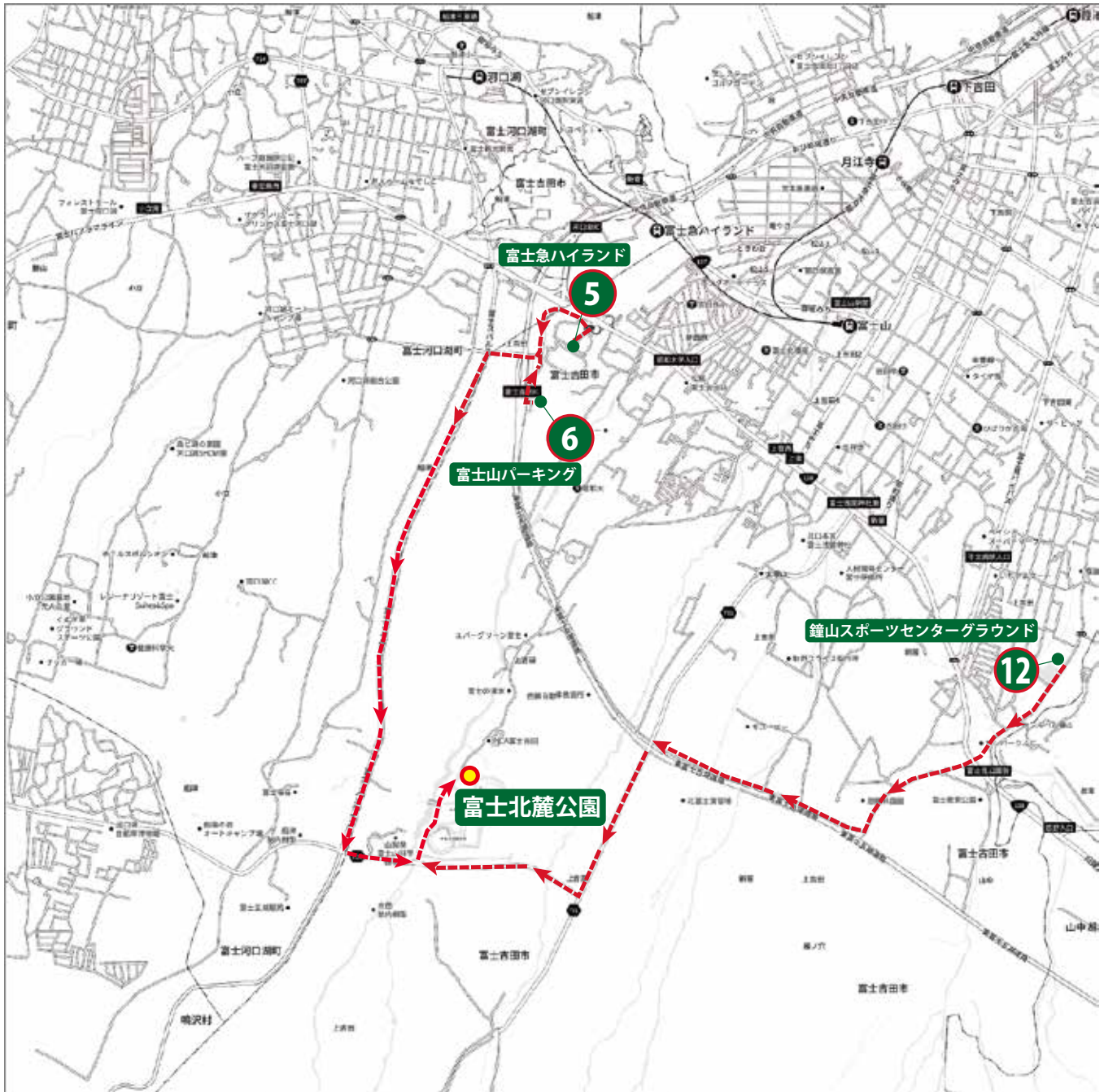
Please be sure to wear a helmet when you ride your bicycle from the parking lot or from your accommodation to the event venue (registration area).

# Saturday, June 1, the day before the race

## Information



### Application Day Parking Map Shuttle Bus Route



Parking lot opening hours

Fuji Parking, Fujikyū Highland Parking Lot 3P, Kaneyama Sports Center Ground: 8:00 - 20:00

You cannot park at Fuji Hokuroku Park.

Please use one of the following parking lots: "Mt. Fuji Parking", "Fuji-Q Highland Parking Lot 3P", or "Kaneyama Sports Center Ground".

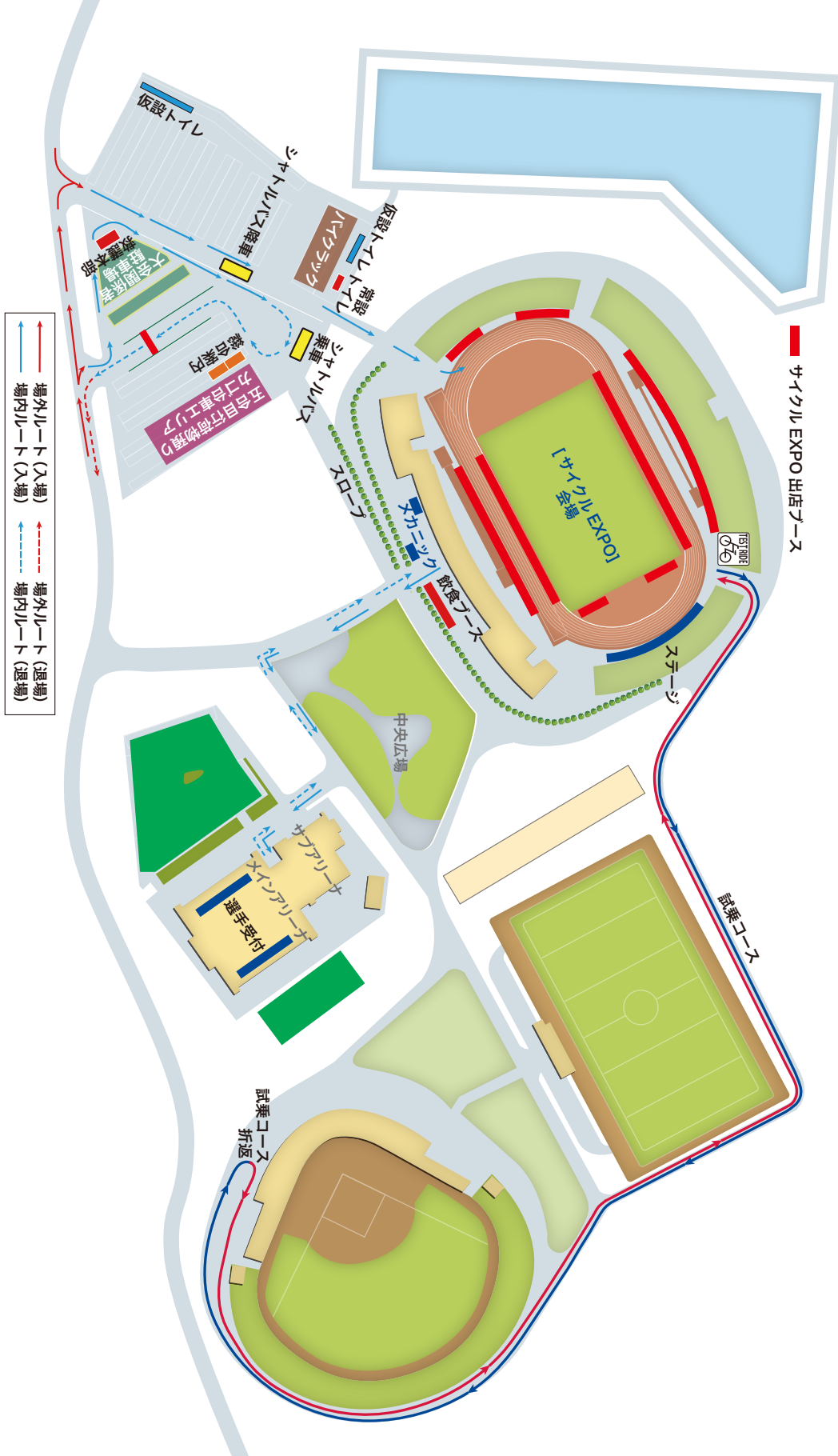
No parking ticket is required on Saturday, 6/1, the day before the event.

# Saturday, June 1, the day before the race

## Information



### Map of the venue on the day before the convention (Fuji Hokuriku Park)



June 1 (Sat.) Day before the tournament - general view of the venue

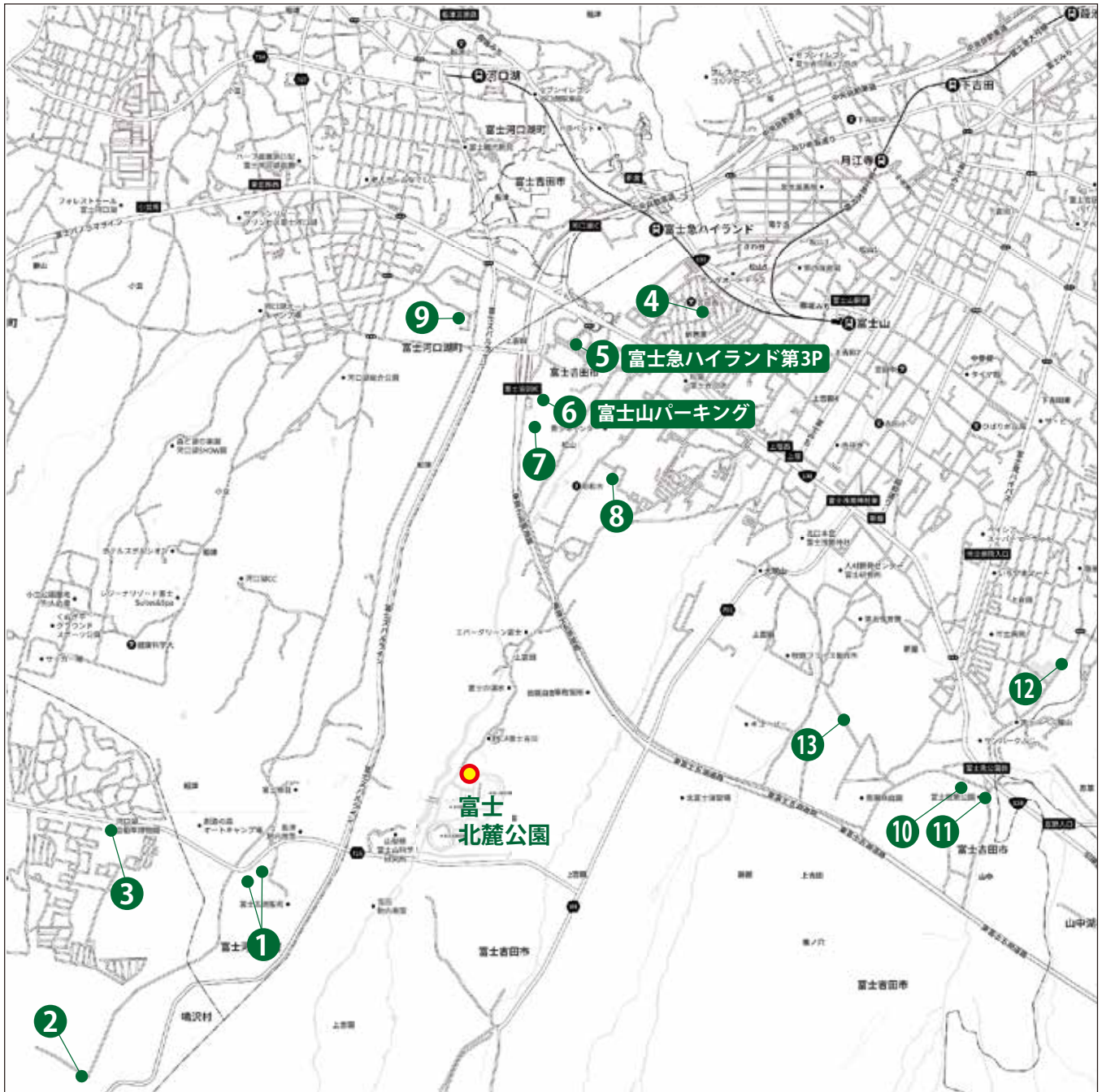


# June 2 (Sun.), the day of the convention

## Information



### Parking map on the day of the convention (Parking ticket is required)



No	parking lot for athletes	address
①	Fuji Goko Seien Temporary Parking Lot	5-10-13 Matsuyama, Fujiyoshida-shi, Yamanashi
②	National Ikebana Festival Memorial Plaza	8545-1 Narusawa-mura, Minamitsuru-gun, Yamanashi
③	Kawaguchiko Automobile Museum Flight Museum	Fujizakura Kogen, Narusawa-mura, Minamitsuru-gun, Yamanashi
④	Yoshida Nishi Elementary School (unpaved)	3-7-1 Shin-Nishihara, Fujiyoshida, Yamanashi Pref.
⑤	Fujikyū Highland No.3 P	5-6-1 Kamiyoshida, Fujiyoshida City, Yamanashi Prefecture
⑥	Mt. Fuji Parking	5597-84 Aza-Kenmaruo, Kamiyoshida, Fujiyoshida City, Yamanashi Prefecture
⑦	Yoshimura Manufacturing	999-1 Kamiyoshida, Fujiyoshida City, Yamanashi Prefecture
⑧	Citizen Watch Manufacturing	4453 Kamiyoshida, Fujiyoshida City, Yamanashi Prefecture
⑨	Fuji Fureai Center Yamanashi Prefecture	6663-1, Funatsu, Fujikawaguchiko-machi, Minamitsuru-gun, Yamanashi
⑩	Fujiyoshida Municipal College of Nursing	5606-18, Kamiyoshida, Fujiyoshida, Yamanashi
⑪	Fuji Stroll Park	1770-12, Shinya, Fujiyoshida, Yamanashi
⑫	Kaneyama Sports Center Ground (unpaved)	5-6200, Kamiyoshida, Fujiyoshida, Yamanashi
⑬	Imperial Forest Garden Cherry Tree Lined Street	Fujiyoshida City, Yamanashi Prefecture 5605-3

Opening hours of each designated parking lot  
4:00 - 15:00

※Parking tickets are required.  
Please check the back of the parking ticket distributed at the registration desk the day before the event.

※There is no shuttle bus service from the parking lots to the venue.

# June 2 (Sun.), the day of the convention

## Information



**!** The starting point is the Fuji-Hokuroku Park parking lot.  
Please confirm the following flow and enter from the main parking lot.

### About the process to start

**1** Entrance from Fuji-Hokuroku Park Main Parking Lot

**2** If you need baggage storage on race day, you can leave your baggage at the baggage storage area in the start venue (large parking lot) prior to the start of the race.  
**!** Luggage checked in here will not be transported to the Mt. Fuji's fifth station. Please come back to pick it up by yourself after descending the mountain.

Please follow the leading lines to the starting point. Please follow the instructions of the staff at the start.

- 3**
- !** You cannot wait at Fuji Hokuroku Park. Please be sure to arrive at your own start time.
  - !** Please make sure to start from your own starting block.
  - !** Please do not start before your designated block.
  - !** If you are found to be flying, you may be disqualified or take other appropriate measures.
  - !** A parade will be held from the start of the race to the Tainai Intersection, the 1.3km point where the record measurement will begin.
  - !** Traffic will be restricted until the Tainai Intersection, so please drive slowly on the left side of the road.
  - !** Once you start running, please do not stop on the course.

## Supporters Information

■ **Bus Pick-up and Drop-off** (Bicycles are not allowed on the bus)

Fuji Hokuroku Park Gymnasium Main Arena

The day before the tournament 6/1 (Sat.) 10:00~20:00

Fuji Parking Lot, Fujikyū Highland Parking Lot No.3

◆ **About the Support Bus** (Reservations required)

If you wish to use the bus, please make a reservation through the website.

<Outward route> 5:45am, Departure at 6:00am

The bus to Mt. Fuji's fifth station will depart from Mt. Fuji's fifth station. The bus will arrive at the fifth station at around 7:15.

The bus will not depart from Fuji-Hokuroku Park, the starting point of the race. Please be careful.

<Return trip> 13:00

The bus bound for Mt. Fuji Parking will depart from Mt.



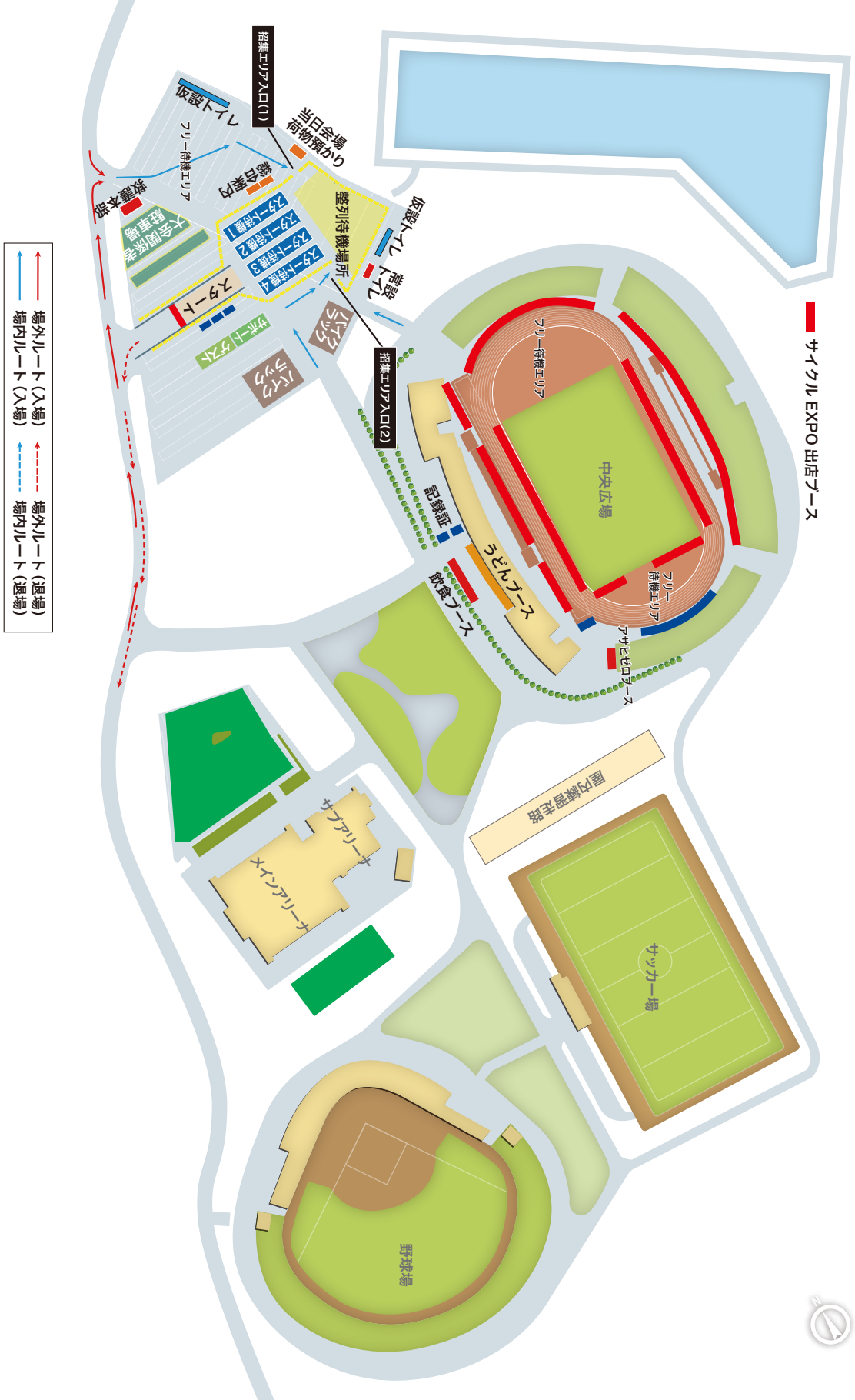
# June 2 (Sun.), the day of the convention

Start



## Start Area Map (Fuji Hokuroku Park)

June 2 (Sun.) Day of the Congress - General view of the venue





## Start Schedule

### About the start on the day of the competition

Starting from the 3rd start, the start method will be changed in order to ease the congestion immediately after the start.

● **The first start (Men's Selected Class) and the second start (Women's Selected Class) will start at 6:00 a.m. on the day of the race.**

Participants will start lining up from 6:00 a.m. on the day of the event.

Participants who will start first should line up at the front, and those who will start second should line up at the back.

● **Participants from the 3rd start onward**

Starting from this year, there will be a muster area (a place to wait in line).

There are two entrances to the muster area.

The time when participants can enter the muster area for each start is determined as follows.

Please note that you will not be allowed to enter the muster area before the following times.

Start 3 (marked with A on the number) After 6:00

Start 4 (marked B on numbers) 7:00 onwards

Start 5 (numbers marked C) 7:30 or later

Start 6 (numbers marked D) 8:00 or later

Start 7 (numbers marked E)

After 8:30, a staff member will be stationed at the entrance of the muster area to check if the competitors are allowed to enter. (This will be determined by the letters of the alphabet printed on the numbers.)

Once in the muster area, competitors will start from one of the start standby lines 1 to 4.

The start will be divided into 8 waves within each start, and the waves will start at 3-minute intervals.

The 90-minute pacer will be placed in the last 8 waves of each start.

### Map of Start Area (Fuji Hokuroku Park Large Parking Lot)



# June 2 (Sun.), the day of the convention

## Information



### ◎Start

**First to second start** Line-up will begin at 6:00am. Please complete lining up 15 minutes prior to the start time. The start will be made at the same time as the start signal.

※After the start, runners will be paraded to the starting point of the record measurement.

Overtaking the lead car is prohibited.

**3rd to 7th start** Please start within your own starting time (30 minutes).

**On-site baggage storage** On the day of the event, luggage will be kept at the on-site luggage storage area at the start venue (large parking lot) from 5:30am. Please check the map on page 11.

※Please check the map on page 11. After the finish, please pick up your baggage at the same place where you left it.

### ◎Check Point closing time (e.g. of a gate)

**Gate 1: 9.4 km, closes at 11:00**

**2nd gate 17.2 km point Closing time 11:30**

**Finish 24 km point Closing time 12:00**

⚠ If you fail to pass through the gate by the closing time, the race will be cancelled. In such a case, please follow the guidance of the staff and finish running as soon as possible.

⚠ After the barrier gate, the riders will board the accommodation vehicle, go up to the Mt. Fuji's fifth station, receive their luggage, and then disembark on the bus.

⚠ If you are still on the course (have not reached the barrier gate) after the barrier gate closing time, you must board a vehicle to accommodate you.

### ◎フィニッシュ後 (五合目での荷物受け取り)

Please follow the guidance of the staff to pick up your luggage. The pick-up locations vary depending on the number card.

Units 1~8200: Parking Lot 2

Units 8201~10775: Parking Lot 1

After receiving your luggage, please promptly change your clothes, etc., and move to the waiting area for dismounting. We ask for your cooperation in making a speedy dismount. Measurement tags will be collected at the venue in exchange for a finisher's ring after dismounting.

### ◎About Downhill

After the finish, please follow the guidance of the staff and prepare to dismount as soon as possible. As soon as you are ready, please dismount as a group in the order in which you are lined up.

⚠ To prevent danger, it is prohibited to Downhill the mountain individually.

The starting point of the Downhill will be 2 km Downhill from the finish line.

If the last group of descenders cannot start the descent at 12:20 p.m., or if they do not have enough energy for the descent, they will be bussed back down the mountain.

The leader of the Downhill group will be assigned to the first and the last group. It is not allowed to overtake the leader of the first group or lag behind the leader of the last group.

When descending, be sure to ride on the left side of the road (far left). Please be especially careful on curves, as riders will be coming up from the right side of the road.

If any trouble occurs during the descent, please signal the descent leader or the Downhill control team. The right curve at the end of the Subaru Line (Tainai Intersection) and the right curve when entering the main venue are very dangerous due to the high speed. Please slow down sufficiently before making the turn.

#### ●Downhill control party Leader

These are the lead and tail roles that will be placed at the beginning and end of the Downhill team. They will wear bibs and helmet caps. They must follow the instructions of the descent leader. The Downhill leader will unite the Downhill control team and ride to ensure a safe descent.

#### ●Downhill control party

A "Downhill Control Team" of volunteers from the participants will follow the leader down the mountain. They are identified by the fact that they wear only helmet caps. The control team will hold the leader together with the leader. The control team will also run close to the center line of the route (right side in the direction of travel) to prevent participants from crossing the center line.

※Please be sure to check the Downhill formation on p. 13.

#### About Retirees / For those going down the mountain by bus

If you wish to retire from the course due to any problems during the race, please notify the staff on the course. If you retire, you will be transferred to an accommodation vehicle and driven up to the Mt. Fuji's fifth station, and then back down the mountain in the accommodation vehicle.

(※) The parking lot in Fuji-Hokuroku Park is the place to get off the bus and return the bicycles.

# June 2 (Sun.), the day of the convention

## Downhill Formation



Participants should follow the Downhill method and ride safely with each other!

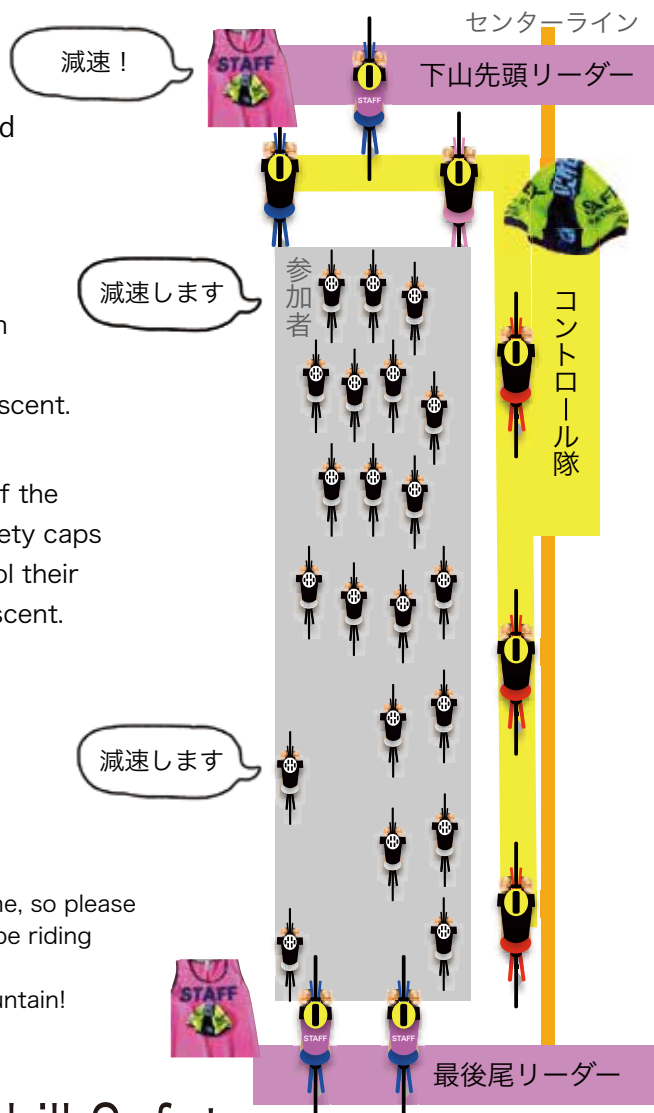
Each group of 400-500 people will descend the mountain in a line.  
It is very dangerous to stop and put on clothes on the way down. Please take warm clothing before you arrive at the starting point of the Downhill descent.

STAFF bib-wearing "leaders at the front and tail of the Downhill" and "Downhill control team" wearing safety caps will be stationed around the participants to control their pace and running line to ensure safe Downhill descent.

Let's talk to them.

- 「We're leaving!」
- 「Slow down.」
- 「Stop.」

The leader of the descent will give a reminder each time, so please cooperate in calling out to those participants who will be riding nearby as well.  
Fuji Hill is a mountain until you safely descend the mountain!  
We ask for your understanding and cooperation!



## The 4 Principles of Downhill Safety

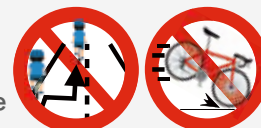
### ① Do not cross the center line.

There are participants in the opposite lane who are going up



### ② Sudden Deceleration/Sudden Steering NG

When descending a mountain in a group, please do not suddenly move to the center line or stop when you see someone you know going up the mountain.



### ③ When stopping, say "stop" in a loud voice.

Tell them in a loud voice to distinguish from slowing down when you need to stop, such as "my hand or neck hurts," or "I need to go to the bathroom."



### ④ If you are not comfortable descending in a group, go to the left side of the course.

If you do not like to ride in groups or Downhill, please stop on the "left" side of the road when you line up for the descent, as it is easier to stop on the shoulder.



# June 2 (Sun.), the day of the convention

## Information



### ◎record measure

- The race will be held from the main venue, Fuji Hokuoku Park, to the Tainai Intersection (approx. 1.3 km point), and the net time will be measured from the Tainai Intersection to the Fuji Subaru Line Fifth Station (the finish line). The organizer-selected classes will be measured by the gross time from the same point.
- Please attach the timing tag to your ankle.
- Please be sure to return the timing tag at the venue in exchange for the finisher's ring. Failure to return the tag will result in a 4,000 yen charge.  
The preliminary results will be posted on the day of the race, and the results will be posted on the website later.
- Please note that we will not be able to reissue numbers to those who have forgotten theirs. Forgotten numbers will not be allowed to participate in the event.

### ◎Commendation Subject

- Organizer's Selection Class Men's and Women's 1st-6th
- Men's and Women's 1st-6th in each age group
- Mountain Split Award (fastest time between 19 and 20km)  
1st place each male and female
- Brightest Hope Award (fastest time under 22 years old): 1st place each in men's and women's categories

The awards ceremony will be held on the stage at approximately 10:45 a.m. (Awards may be handed out later or later, depending on the time of record keeping. (The awarding time may be delayed depending on the record setting.) After the finish, please check the results by yourself and gather in front of the stage after descending the mountain.

The first three finishers in each of the organizer-selected classes and age groups will be on stage, and the fourth to sixth finishers will be at the ceremony window next to the stage.

The 4th to 6th place finishers will go to the ceremony desk next to the stage.

### Assisted by a special guest rider who is the pacemaker for the 90-minute race!

At each start, there will be top athletes who will serve as pacemakers going up at a sub 90 minute pace! Stay tuned to see who will be running!

### ◎Race Riding Precautions

- ① Ride on the left side of the road (leftmost lane), and do not cross the center line to the right.  
\*Please be careful not to lean too close to the center line, especially when riding around right-hand curves.
- ② Overtaking is prohibited by saying, "Go right!"
- ③ When descending, it is prohibited to pass the leader of the Downhill group or to run slower than the leader of the Downhill group.

### ◎Competition Rules

- ① Gloves and helmets must be worn, and warm clothing must be worn when descending.
- ② The wearing of DH handlebars, spinaches, clip-on bars, etc. is prohibited.
- ③ Any rider or modified vehicle deemed dangerous by the organizers will be disqualified. In some cases, a penalty may be imposed, such as not being allowed to enter the next year's event.  
Please refer to the competition website (<https://www.fujihc.jp/outline/>) for vehicle type rules.
- ④ A few winners from each category may be selected to have their cars inspected after the finish.  
Car inspections will be conducted at the event site.

# June 2 (Sun.), the day of the convention

## Information

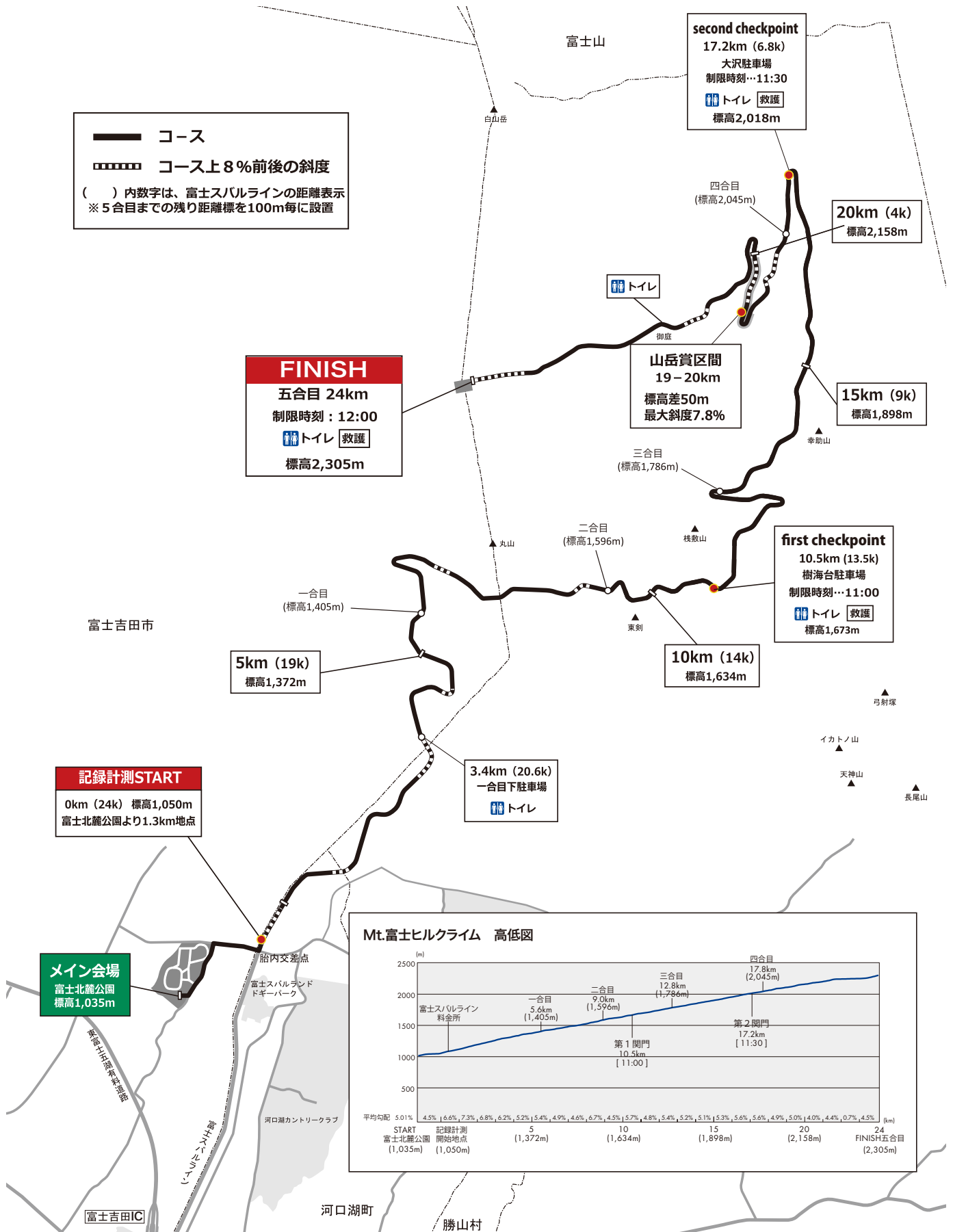


### precautions

- ① The event may be cancelled or suspended due to earthquake, wind, accident, stormy weather (snowfall, rainfall, strong winds, lightning, etc.), epidemic or other reasons. In such cases, the organizer will determine whether or not the entry fee will be refunded and the amount, etc., on a case-by-case basis.
- ② During the competition, please follow the instructions of the competition officials and participate in the competition safely.
- ③ In case of injury, etc. during the event, only emergency treatment will be provided. Please be sure to report to the first-aid tent.
- ④ Injuries, etc. during the event will be compensated only within the scope of the organizer's accident insurance. If you wish to receive other compensation, please purchase insurance at your own risk in advance. In addition, insurance does not cover anyone other than those who have entered the event. This event has disaster compensation rules for participants, and they are covered by the relevant insurance. The insurance does not cover damage, loss, theft, etc. of bicycles (frames and parts) not only during the race but also on the day of the event. If you are concerned about the coverage, please purchase a new insurance policy on your own.
- ⑤ Please train sufficiently and take care of your health before participating in the competition. If you are not in good physical condition, please do not force yourself to participate and be brave enough to abandon the race.
- ⑥ The area surrounding the race site is Fuji-Hakone-Izu National Park, so camping around the race site or on the course is strictly prohibited.
- ⑦ The organizers reserve the right to publish videos, photographs, and articles in newspapers, magazines, and on the Internet during the competition.
- ⑧ Please take your garbage home with you. If you have no choice but to dispose of garbage, please separate it into burnable garbage, bottles, cans, and PET bottles.
- ⑨ Please obey the road traffic laws and drive properly, not only during the tournament period.
- ⑩ Security guards will be patrolling the venue to prevent theft, but please take care of your bicycle by locking it when you leave it or asking a fellow rider to lock it.
- ⑪ Drinking alcohol is strictly prohibited during the event. Flooding and other incidents
- ⑫ Riding may be interrupted due to sudden deterioration of weather conditions or natural disasters. In such cases, please follow the instructions of the staff.



# The 20th Mt. Fuji Hill Climb Course Map





## Mt. Fuji's fifth station finishing area



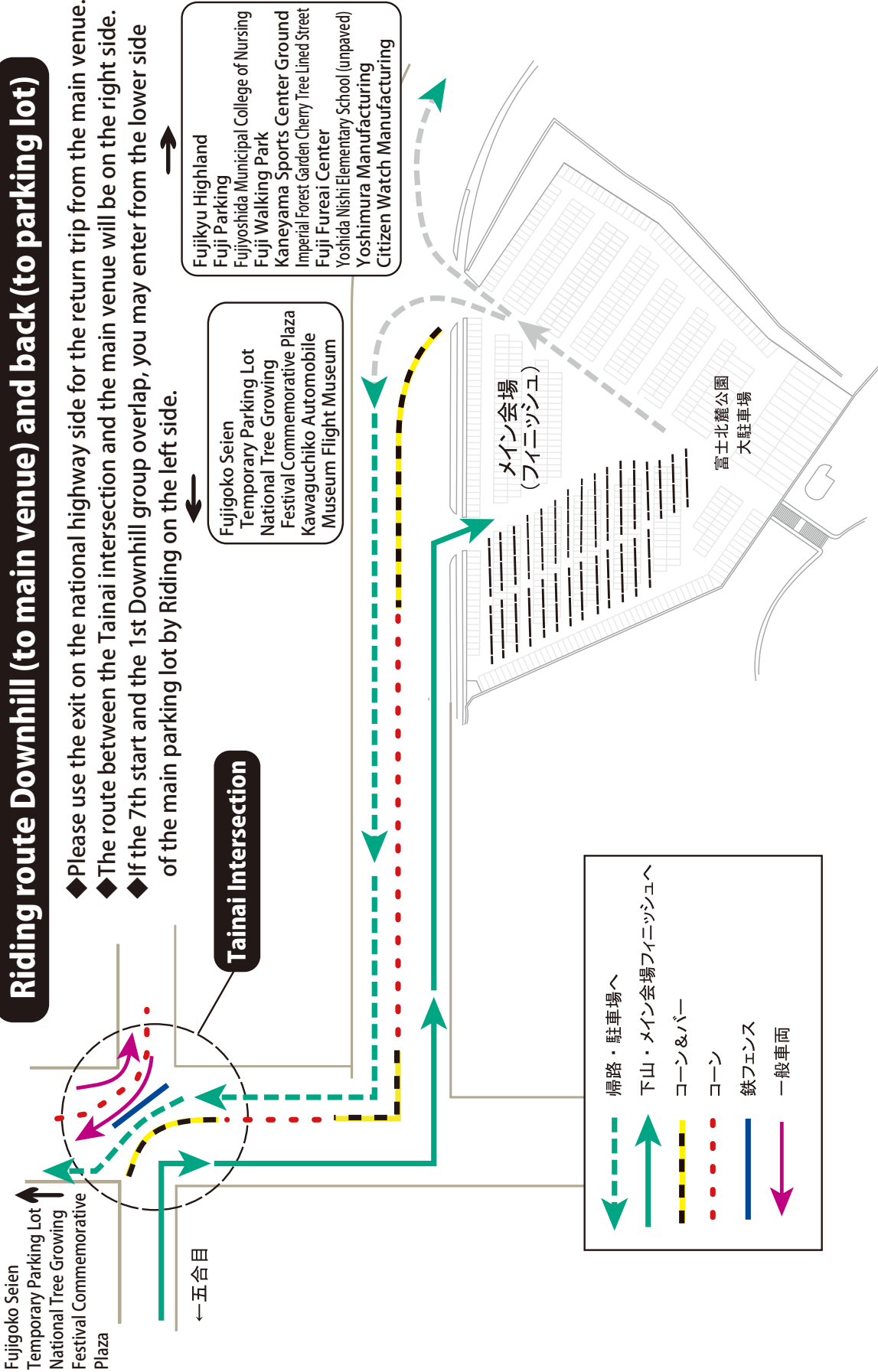




Riding Downhill/after descending

**Riding route Downhill (to main venue) and back (to parking lot)**

- ◆ Please use the exit on the national highway side for the return trip from the main venue.
- ◆ The route between the Tainai intersection and the main venue will be on the right side.
- ◆ If the 7th start and the 1st Downhill group overlap, you may enter from the lower side of the main parking lot by Riding on the left side.



帰る選手は必ず一時停止し、警備員および監察員の指示に従い横断してください



### BIORACER

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BIORACER is a custom-made cycle jersey for "winning". This year, we have also organized a special BIORACER DREAM TEAM to support your dreams and goals. We will also have a BIORACER booth near the main stage of the event. We will be selling official Fuji Hill goods and many other special items, so please feel free to stop by (booths D17-18).

### Ezaki Glico Power Production

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We are pleased to support hill climbers who continue to challenge their limits this year! Ezaki Glico Power Production, which stands for "Strategic Recovery," will support you in your desire to push your limits with items that focus on the importance of exercise, nutrition, and rest!

### Zwift

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Zwift is a fitness company born out of gaming: by wirelessly connecting the Zwift app to cycle trainers, treadmills, and other exercise equipment, your abilities are reflected in your avatar's performance. Whether it's a friendly race, a social ride, or a structured training program, Zwift brings the global community together through an immersive fitness experience.

### Wahoo

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Wahoo Fitness was founded in Georgia, USA. Wahoo's product line can be used alone or paired with other products and connected to the Internet to create the most connected and compatible "ecosystem" to provide an advanced cycling experience for cyclists of all levels, both indoor and outdoor. On the road racing scene, we support strong UCI world teams such as Alpecin-Deceuninck, Lidl-TREK, and UAE Team Emirates, as well as women road racers such as EF Education's men's and women's teams and Lifeplus-Wahoo. EF also supports the success of female road racers such as EF Education men's and women's teams and Lifeplus-Wahoo. With the mission statement "Building the better athlete in all of us," we bring the latest and most innovative technology to all athletes.



### Official Photo Service !

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To everyone of Mt.FUJI Hill Climb 2024 participation !

You can purchase photos on the Internet.

Please register your Email address for Photo Release Notification at :

▼URL

【English】

<https://g.allsports.jp/en/event/open-notification/1355257>



【中文】

[https://g.allsports.jp/zh\\_TW/event/open-notification/1355257](https://g.allsports.jp/zh_TW/event/open-notification/1355257)



We will send you notification when your photo has been open.

Have fun on your race :)

\*Please note

If the number card number is hidden, it may not be possible to remove the photo. Please make sure that the number card number is not hidden by your hands or jacket.

\*Customer Service\*

Photocreate Co., Ltd.

E-mail: support2@photocreate.co.jp

## Please maintain your car before the race.

Equipment problems can cause serious accidents, which may affect not only your own safety but also that of other participants.

Please make sure that your vehicle is well maintained before the competition, either at a pro store or by self-check.

If any of the following items are found to be the case, or if your vehicle is deemed unsafe for competition, you may be refused entry into the race.

No.	Checklist	CheckBox
1	Are head parts, handlebars, saddle, etc. loose or rattled?	
2	Are the wheels not distorted?	
3	Are the quick release and thru-axle systems installed correctly?	
4	Are the tires free of scratches?	
5	Are the tires mounted correctly?	
6	Is the air pressure correct?	
7	Are the brakes working properly?	
8	Are the brake shoes and pads worn?	
9	Is the transmission working properly?	
10	Are there any unusual noises coming from around the gears?	
11	If it is an electric transmission, has the transmission been charged?	
12	Are the bar end caps attached to the handlebars?	
13	Are prohibited equipment (stands, baskets, DH bars) installed?	
14	Are gloves worn?	
15	Is the helmet free of cracks?	
16	Is the helmet correctly fitted (chinstrap length, size, etc.)?	
17	Is the warm clothing you are carrying sufficient to cope with the cold weather on the descent?	